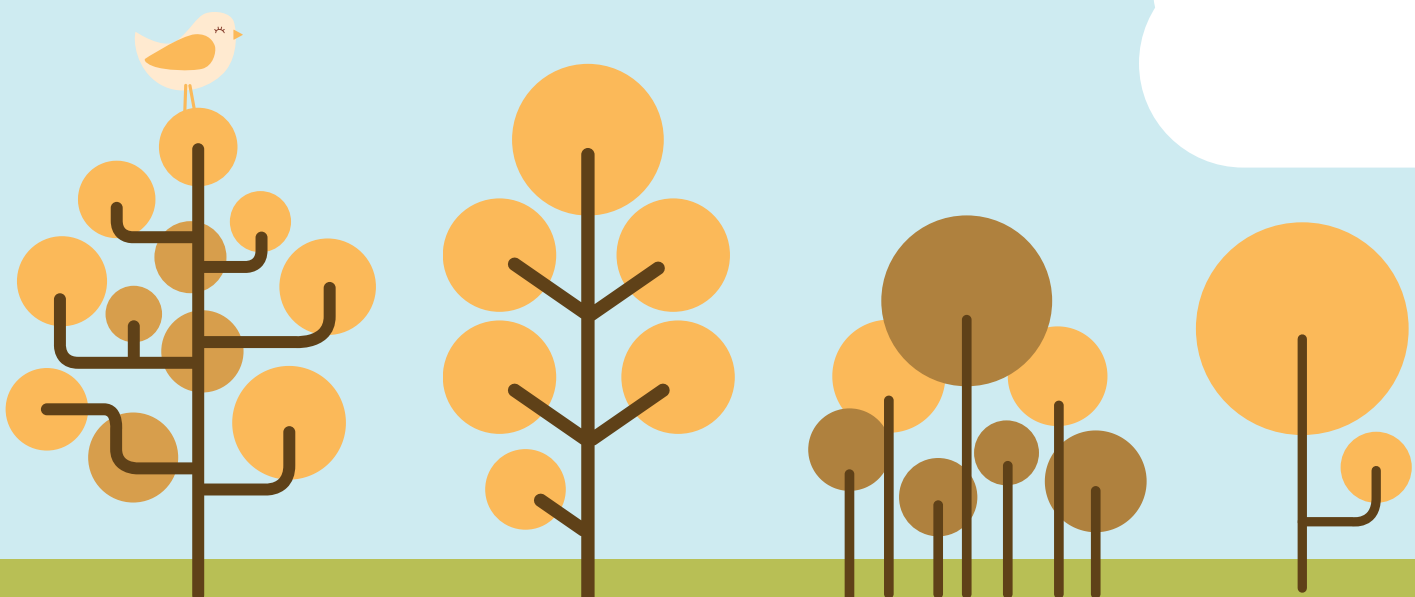
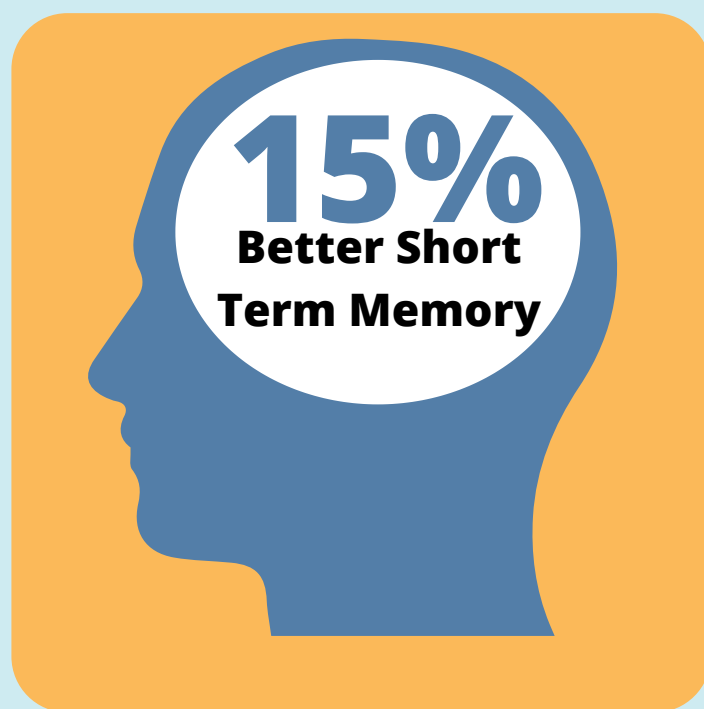
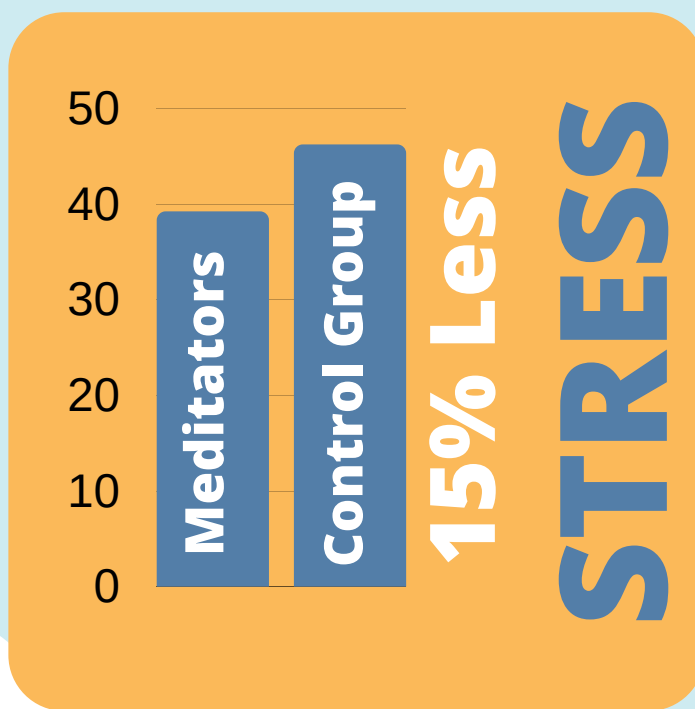


Can Short Meditation Benefit Beginners?



With 13 minutes per day!



Information Source:

bit.ly/dsc-infographic-meditate

